Enjoy Your Natural Henna Tattoo!

Henna Tattoo Aftercare

The color and longevity of your henna tattoo depends on many factors, including your body temperature and body chemistry, what part of the body is tattooed, how long you leave the paste in contact with your skin, how you remove the paste, and how well you care for your henna tattoo. A typical henna tattoo will have good color 5-10 days and fade in 1-3 weeks give or take.

- Keep henna paste on as long as possible (4-12 hours is ideal).
- Keep the area warm if possible.
- Do NOT wash off with water. Gently scrape off dried henna.
  Use olive oil or lemon juice to remove stubborn bits of henna if needed.
- Avoid water on the henna tattoo for the rest of the day.
  The longer you avoid water the darker your stain will become.
- Avoid chemicals (cleaners), chlorine, smoothing lotions, and abrasive soaps.
- Optional: Apply olive oil on tattoo before showering or getting wet.
- Optional: If you swim, apply spray bandage sealer over tattoo first.
- **Tattoo will darken over the next 24-72 hours.**

For additional helpful henna information go to...

www.HennaHelp.com

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